

MAY 2022

~~SENIOR CENTER ACTIVITIES~~

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10:00 Arthritis Ex. 10:00 Card Making 1:00 Scrabble	3 10:00 Karaoke 11:00 Chair Yoga 12:00 Wii Bowling 12:30 Mexican Train Dominoes 12:00 Pin cushion Chicken weights	4 10:00 Arthritis Ex. 12:00 Open Sheepshead 12:00 Stained Glass 12:30 Knit & Crochet	5 10:30 Zoom Chair Yoga 10:30 Spanish Class 12:40 BREWER GAME 1:00 Recycling Sisters 1:00 Wii Bowling	6 10:00 Arthritis Ex. 12:00 Open Sheepshead 1:00 Repotathon
9 10:00 Arthritis Ex. 10:00 Card Making 10:30 Ask Andy 1:00 Scrabble 1:30 Toe Nail Trimmers	10 10:00 Karaoke 11:00 Chair Yoga 12:00 Wii Bowling 12:30 Mexican Train Dominoes 12:00 Arm chair pin cushion 12:30 Movie with Mary	11 10:00 Arthritis Ex. 11:35 BREWER GAME 12:00 Open Sheepshead 12:00 Stained Glass 12:30 Knit & Crochet	12 10:30 Zoom Chair Yoga 10:30 Spanish Class 12:00 Wii Bowling 1:00 Matchbox Craft 1:00 QiGong Introductory Class	13 10:00 Arthritis Ex. 12:00 Open Sheepshead
16 10:00 Arthritis Ex. 10:00 Card Making 1:00 Scrabble	17 10:00 Karaoke 11:00 Chair Yoga 12:00 Wii Bowling 12:30 Mexican Train Dominoes 12:00 Scrap Sack	18 9:00 Sr Breakfast-Honey Berry Café 9:00 Wendy Fitness 10:00 Arthritis Ex. 10:00 Sr. Ambassador 12:00 Open Sheepshead 12:00 Stained Glass 12:10 BREWER GAME 12:30 Knit & Crochet	19 10:30 Zoom Chair Yoga 10:30 Spanish Class 12:00 Wii Bowling 1:00 Qi Gong 1:00 Volunteer Training	20 10:00 Arthritis Ex. 12:00 Open Sheepshead
23 10:00 Arthritis Ex. 10:00 Card Making 1:00 Scrabble 3:45 Commission on Aging Meeting	24 10:00 Karaoke 11:00 Chair Yoga 12:00 Wii Bowling 12:30 Mexican Train Dominoes 12:00 Project bag 12:30 Movie with Mary	25 10:00 Arthritis Ex. 10:00 Sr Ambassador 12:00 Open Sheepshead 12:00 Stained Glass 12:30 Knit & Crochet	26 10:30 Zoom Chair Yoga 10:30 Spanish Class 12:00 Wii Bowling 1:00 Qi Gong	27 10:00 Arthritis Ex. 12:00 Open Sheepshead
30 Memorial Day Sr. Center Closed	31 11:00 Chair Yoga 12:00 Wii Bowling 12:30 Mexican Train Dominoes 12:00 Open Sew		DAILY ACTIVITIES: 9—4:30 Billiards Computer Drive thru Lunch Fitness Room Lobby Fun Puzzles	