

MILWAUKEE COUNTY SENIOR DINING



WEST ALLIS
7001 W. NATIONAL AVENUE

FOR CURBSIDE PICKUP

JUNE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RESERVATIONS REQUIRED 9:30 - 11:30 24-HOUR NOTICE 414-302-8703  		1 Big Mac Salad <i>Ground Beef, Romaine Onion, Pickle, Cheddar 1,000 Island Dressing</i> Poppy Seed Dinner Roll Snickerdoodle Cookie Pears	2 Turkey Salad Wrap w/Lettuce, Tomato Baby Carrots Mediterranean Quinoa Tropical Fruit Graham Crackers	3 Hard Salami Asiago Bread 3-Bean Salad Creamy Coleslaw Applesauce Granola Bar
6 Tuna Salad Onion Roll Broccoli Slaw Kidney Bean Salad Cheesecake Bar Fresh Fruit	7 Ham & Cheese 7-Grain Bread Pasta Salad Cranberry Sauce Carrot Cake Banana	8 Turkey BLT Salad <i>Chopped Turkey, Bacon Romaine, Tomato, Cheese Ranch Dressing</i> French Bread Lemon Pudding Granny Smith Apple	9 Submarine Sandwich Hoagie Roll Cauliflower Florets  Fruit Punch Mandarin Oranges & Pineapple Tidbits Bran Muffin	10 Roast Beef w/Lettuce & Tomato Whole Grain Bun Potato Salad Pickle Spear Sugar Cookie Fruit Cocktail
13 Sliced Turkey Italian Bread Pea & Cheese Salad  Cranberry Juice Million Dollar Cake Orange	14 Chicken Salad Whole Wheat Bread Broccoli Florets Marinated Bean Salad Blueberry Yogurt Fresh Peach	15 Chef's Salad <i>Ham, Turkey, Cheese Hard Boiled Egg Ranch Dressing</i> Crusty Bread  Orange Juice Strawberries & Cream	16 Roast Beef & Swiss 7-Grain Bread French Potato Salad Salad/Italian Dressing Red Delicious Apple Banana Cream Pie	17 Egg Salad Oatmeal Bread Carrot Raisin Salad Mixed Greens/Ranch Peanut Butter Cookie Chilled Pears
20 	21 Tuna Salad Kaiser Roll Red Cabbage Slaw Pretzels Melon Wedge Oatmeal Raisin Cookie	22 Asian Chicken Salad <i>Grilled Chicken, Mixed Greens Mandarin Oranges, Vinaigrette Chow Mein Noodles, Almonds</i> Wheat Bread String Cheese Brownie	23 Sliced Ham Onion Bun Black Bean Salad String Cheese Spinach Salad w/Tomato & Cucumber Fruit Fluff	24 Shaved Turkey Sourdough Bread w/Lettuce & Tomato Broccoli Salad  Grape Juice Angel Food Cake with Mixed Berries
27 Chicken Salad 7-Grain Bread Potato Salad Rainbow Slaw Grapes Chocolate Chip Cookie	28 Roast Beef Sesame Bun Baby Carrots Creamy Cucumber Salad Strawberry Applesauce Clementine	29 Vegetarian Chef's Salad <i>Lettuce, Cucumber, Egg Carrots, Tomato, Cheese Salad Dressing</i> Blueberry Muffin Cottage Cheese Pineapple Tidbits	30 Club Sandwich w/Lettuce, Tomato, Mayo Veggie Pasta Salad Sun Chips Watermelon Peach Cobbler	 Suggested Contribution \$3.00 60+  

Creating a Dementia Friendly Community

Milwaukee County Dementia Care Specialists provide support for individuals with dementia and their caregivers including: family consultations, care planning, memory screens, evidence-based workshops and connections to community resources. Dementia Care Specialists also assist in the development of Dementia Friendly Communities. Together we can create a community where those with dementia can remain active and safe and caregivers can feel supported.

For more information call **(414) 289-6259** or visit **county.milwaukee.gov/aging/dementia**

SPARK! Programs and Memory Cafés in Milwaukee County

SPARK! is a cultural program for people with early to mid-stage memory loss and their care partners. Programs are designed to keep participants actively engaged in their communities by providing experiences that stimulate conversations, provide peer support and inspire creativity

Jewish Museum | (414) 390-5730 | jewishmuseummilwaukee.org

Schlitz Audubon Nature Center | (414) 352-2880 x0 | schlitzaudubon.org

St. John's on the Lake | (414) 272-2022 | saintjohnsmilw.org

Wehr Nature Center | (414) 425-8550 | friendsofwehr.org

Memory Cafés are a chance for those with early memory loss and their caregivers to socialize, laugh, share stories, and build new connections. Cafés provide a time where you do not need to focus on the diagnosis, while having a great time connecting with each other as a family or creating new friendships.

Greater Galilee Memory Café | 2nd Wednesday of the month from 11am-12:30pm
Greater Life Community Center, 2432 N Teutonia Ave. Milwaukee | (414) 828-1803

Greendale Memory Café | 4th Wednesday of the month from 2:30pm- 4:30pm
Historic Hose Tower, 5699 Parking St. Greendale | (414) 423-2110

Oak Creek Memory Café | 1st Wednesday of the month 10am-11:30am
Oak Creek Community Center, 8580 S Howell Ave. Oak Creek | (414) 570-5474

Shorewood Memory Café | 2nd Friday of the month from 10:30am- 11:30am
Shorewood Metro Market, 4075 N Oakland Ave. Shorewood | (414) 847-2727

Virtual Memory Cafés Listing online at wisconsin caregiver.org



MILWAUKEE COUNTY
DEPARTMENT OF HEALTH
& HUMAN SERVICES
**AGING & DISABILITIES
SERVICES**

