



**MINUTES**  
**WEST ALLIS COMMISSION ON AGING MEETING**  
Monday, August 28, 2017 at 3:45pm  
West Allis Senior Center  
7001 W. National Ave., West Allis, WI 53214 414-302-8700

***West Allis Commission on Aging Mission Statement***

*"The West Allis Commission on Aging shall provide leadership in creating and maintaining a comprehensive coordinated community-based support system that enhances the quality of life of older adults in the City of West Allis."*

MEMBERS PRESENT: Linda Timm  
Patricia Wikenhauser  
Dave Rymaszewski  
John Zentgraf  
Tammy Herro  
Margee Maydak  
Deborah Tiegs  
Judith Schmidt

MEMBERS EXCUSED: Jessica Lisinski

STAFF PRESENT: Denise Koenig  
Marilyn Matter  
Sally Nusslock

STAFF EXCUSED: Jane Kolinski  
Peggy Pipia

1. Public invited to speak.
2. Review Agenda. The Agenda was reviewed.
3. Approval of the Minutes for June 26, 2017. Minutes were reviewed and approved.
4. Correspondence and Communications.
  - Milwaukee County Commission on Aging – Meeting Agenda.
  - Milwaukee County Department on Aging Advocacy Committee Minutes
  - Milwaukee County Department on Aging Wellness Council Minutes.
  - Debbie Tiegs shared her recent visit to Boston Store and the materials from the EROS/Interfaith program.
5. Update and Discussion on Senior Center Policies and Procedures. Sally Nusslock said that the changes did not need to be sponsored by the Board of Health.

6. Report on Community Projects.
  - Stockbox Program Update. 113 boxes distributed in July. Recertification is scheduled for September.
  - Network News Articles for the City Newsletter. The June project was the last one for our Senior Center volunteers. The City is moving to have the publication outsourced. They have also added a monthly – It's Your City – online newsletter in addition to the quarterly publication.
  - Interfaith West Central & Resource Center – Tammy Herro reported that 662 of the 977 clients are West Allis residents. She also added that the EROS mentioned earlier is Waukesha Interfaith's new name. On Thursday, September 7 Interfaith is taking a bus to tour the Community Garden on 23<sup>rd</sup> and Cherry, a program of SET Ministry. Anyone interested in going should be at the West Allis Interfaith office at 9:30 a.m. She also spoke about the Family Care Network resources for caregivers of spouses and family members. The Pull Up A Chair is Thursday, November 2 at the Crowne Plaza by the airport.
  - Marilyn Matter mentioned that West Allis also has gardening projects – Rainbow Park Community Garden, Beloit Housing has raised gardens for the residents, Wilson School has a summer garden project and Courtyard Apartments also has a large garden space for seniors.
7. Update on Computers and Wi-Fi Connectivity issues. Denise reported that the hardware is in and a work order was placed with the City Electrical Department for installation.
8. Discussion of safety concerns for Senior Center patrons coming/leaving the Center. With major construction currently in progress, the letter is a moot point. The construction work is part of the National Avenue Corridor Project. They are working on the sewers and the contractors have until early December to finish the project. The Senior Center newsletter will include information on the construction conditions, but stress to our members that we are open and will remain open throughout.
9. Follow-up to the Moving Right to Stay Upright. Program was successful. It was a nice kick-off to the evidence based programs we're offering this fall.
10. Discussion of My Senior Center Software. Denise discussed the computerized programs and shared some information with the members. She stated she will arrange for a group webinar to learn more about the program and how it can help with membership registration, statistics, etc. Sally also suggested a group visit one of the senior centers currently using the program.
11. Staff Report
  - Senior Center Staff Report –Denise Koenig reported on upcoming events and reviewed the Senior Center Schedule of Events.
    - Membership applications are being mailed this week. Denise also talked about a new format for the newsletter, which will include a weekly listing of classes and activities.
    - The Senior Center will be featured in the city's fall quarterly newsletter.
    - Flu Clinic on Friday September 29 from 9:30 – Noon.
    - Senior Meal Site is closed on Friday, October 13. Denise discussed the possibility of holding a bake sale and including other refreshments such as homemade soup. Marilyn suggested combining the flu clinic with it. She will check with Health Dept.
    - Evidence –based Programs:
      1. Walk With Ease – Trish W. and Peggy P. have completed training. Older versions of the class book were given to us by MCDA.
      2. Living Well With Chronic Conditions – Peggy Pipia & Pat Shapiro, Instructors.
      3. Eat Better Move More – Mount Mary Dietetics Department Graduate Students, Instructor Lisa Stark.
    - Construction Party on Thursday, September 28 – Fun games and activities!
    - No Rummage Sale this fall.
    - Tailgate party on Wednesday, October 25. All-encompassing sports theme!

- Trust Fund Report (Quarterly)
  - 1<sup>st</sup> quarter January – March – report presented at April meeting
  - 2<sup>nd</sup> quarter April – June – report presented at August meeting
  - 3<sup>rd</sup> quarter July –September – report presented at October meeting
  - 4<sup>th</sup> quarter October – December – report presented at January meeting

12. Next meeting is scheduled for Monday September 25, 2017 at 3:45 PM.

The meeting adjourned at 4:48 p.m.

Respectfully submitted,

*Denise R. Koenig*

DRK/gs

comag/August

**Attention Commissioners: If you are unable to attend this meeting, please call the Senior Center at 302-8700 and ask to speak with staff. Thank you.**

NON-DISCRIMINATION STATEMENT: The City of West Allis does not discriminate against individuals on the basis of race, color, religion, age, marital or veterans' status, sex, national origin, disability or any other legally protected status in the admission or access to, or treatment or employment in, its services, programs or activities.

AMERICANS WITH DISABILITIES ACT NOTICE: Upon reasonable notice the City will furnish appropriate auxiliary aids and services when necessary to afford individuals with disabilities an equal opportunity to participate in and to enjoy the benefits of a service, program, or activity provided by the City.

LIMITED ENGLISH PROFICIENCY STATEMENT: It is the policy of the City of West Allis to provide language access services to populations of persons with Limited English Proficiency (LEP) who are eligible to be served or likely to be directly affected by our programs. Such services will be focused on providing meaningful access to our programs, services or benefits.